

Packing List for CBI Family Reunion Retreat

Items you really need to bring

- At least two pairs of sensible shoes – closed toes, with backs, etc. Flip flops do not qualify as sensible shoes for this retreat. (Must have closed toe shoes for the zipline)
- At least two pairs of sensible socks for each day
- Long Pants & Long Sleeve Shirts
- The Usual – underwear, socks, pajamas, etc.
- Toiletries – toothbrush, toothpaste, soap, shampoo, lotion, etc.
- A Jacket & Layers – extra t-shirts, sweatshirts, etc. – It can be cold at night and warm during the day. The cabins are heated and air conditioned, but we will be outside on our way to and from activities, etc.
- Any rain gear that your family might need – jackets, hats, umbrellas, etc.
- Your own towels (includes bath, hand, washcloths and bathmat)
- Your own pillows and pillowcases
- Your own sleeping bag and/or blankets to make up as many twin beds as you will need for your family. (The camp does not provide linens.)
- Families who use a crib for their children should bring a pack and play
- Strollers for walking long distances

Optional items to make your stay more fun and comfortable

- Kite (if you wish to fly kites)
- Yoga mat (if you are participating in yoga)
- BYOB for Friday night after-dinner events that may include adult beverages
- Your favorite board games for kids and adults
- Three outlet extension cord with two-prong plug. The rooms were built long before we all had so many electronic devices. This can also put more challengingly placed outlets in easier reach.
- A backpack to carry all of your stuff: hat, sunscreen, phone, water bottle, raincoat, etc.
- Foam mattress topper
- Mattress cover
- Fan or noise machine for white noise and air movement when A/C unit turns off
- Over the door hooks
- Coffee maker/coffee - if that's your thing. [There is also coffee in the dining hall 24 hours/day]
- Travel coffee mug
- Reusable water bottles
- Snacks in a sealed plastic container (ie. sterilite box with lid that snaps shut - let's not tempt any mice!)
- Bottled water (in gallon jugs to refill reusable water bottles) - water out of tap in room doesn't taste so fabulous. Water from dispensers in Dining Hall (Chadar Ochel) tastes fine. I then take the empty bottles home to recycle.